

Michelle Dubé Junior Golf Academy

Accelerate Your Game

Michelle Dube Junior Golf Academy (MDJGA) is designed for junior golfers, age 10-18, who want to accelerate their game and take it to the next level and beyond. Enrollment is limited to a maximum of 6 Jr. golfers. Academy benefits include a complete Titleist Performance Institute fitness evaluation, on-course instruction, skills contests, and much more. Candidates for the Academy should have a high level of commitment, a strong desire to improve skills, and eager to learn!



Michelle Dubé

LPGA Class A Teaching professional - Michelle has been a member of the LPGA since 1993, she was nominated for LPGA Teacher of the Year four years in a row- 2002, 2003, 2004 and 2005. She wrote a golf tips column for the Orange County Register in 2003. Michelle is also a Titleist Performance Institute certified golf fitness pro, Taylormade club fitter and a Special Olympics Instructor.

Academy Benefits

Each MDJGA member will receive:

- Tailored program to meet individual goals.
- TPI golf fitness evaluation and golf fitness/stretching program.
- Mental Game strategies from Bobby Foster's mental golf workshop, and A.S.U. mental coach Dr. Debbie Crews.
- Equipment check using Taylormade fitting system.
- On Course instruction to improve course management and scoring.
- Nutrition suggestions for better performance.
- Full Swing and Short Game instruction to improve technique and consistency.



Academy Dates and Fee:

Feb 1st- March 31st, every Monday and Wednesday from 4-5pm at Tijeras Creek
Cost: \$525. (18 sessions- 1 hour per session, 18 hours of instruction total)

Registration:

**** CALL MICHELLE AT 949.916.9160 TO JOIN MDJGA ****



**Michelle Dubé Golf Instruction
Tijeras Creek Golf Club**



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